**QUIZ FATS**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period:\_\_\_\_\_

1. Name one function of fat in the human body? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Name a common source of fat for the body? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. What is another name for fat? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Name on of the three lipids. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. What organ in your body produces cholesterol? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. What are the two types of fatty acids? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. Name a level of saturated fat in food. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. What average percentage of fat should be in a well balanced daily diet? \_\_\_\_\_\_\_\_\_\_\_
9. Where do fatty acids absorbed by the small intestine end up? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. What organ in the body produces an enzyme to break down fat? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**BONUS QUESTION**

How many carbon atoms in a fat molecule?